



Print date: 2021-11-28

Fall 2021	From 2021-09-06 to 2021-12-19	
OPENING HOURS	Monday - Friday: 6:30 am - 9 pm Saturday - Sunday: 7:45 am - 4:30 pm	
REGISTRATION START	2021-09-27 12:00:00 AM	ymcaquebec.org/aquatics

Preschool - L'il Dippers with parent (6 - 36 months)

L'il Dippers with parent – Splashers 2021-09-14 - 2021-12-04



Age	6-18 months with parents	Note	Bathing cap is mandatory. Parents must be in the water with their child
Duration	30 min		

Days	Time	Weeks	\$M / \$NM**
Tuesday	15:45 - 16:15	12	\$111.00 / \$127.00
Saturday	10:00 - 10:30	12	\$111.00 / \$127.00

L'il Dippers with parent – Bubblers 2021-09-15 - 2021-12-04



Age	18-36 months with parents	Note	Bathing cap is mandatory. Parents must be in the water with their child
Duration	30 min		

Days	Time	Weeks	\$M / \$NM**
Tuesday	15:45 - 16:15	12	\$111.00 / \$127.00
Saturday	10:00 - 10:30	12	\$111.00 / \$127.00

All levels |
 Beginner |
 Advanced |
 BB Baby friendly |
 ✍ Registration required |
 \$ Additional payment required |
 \$N Additional fee for non-members |
 Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons —
 ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. |
 The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. |
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Preschool - L'il Dippers (3 - 5 years)

L'il Dippers – Bobbers 2021-09-14 - 2021-12-04



Age 3-5 years

Duration 30 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Tuesday	16:20 - 16:50	12	\$111.00 / \$127.00
Thursday	17:15 - 17:45	12	\$111.00 / \$127.00
Thursday	15:55 - 16:25	12	\$111.00 / \$127.00
Saturday	12:20 - 12:50	12	\$111.00 / \$127.00

L'il Dippers – Floaters 2021-09-14 - 2021-12-04



Age 3-5 years Prerequisite L'il Dippers – Bobbers

Duration 30 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Tuesday	16:55 - 17:25	12	\$111.00 / \$127.00
Thursday	16:40 - 17:10	12	\$111.00 / \$127.00
Saturday	10:35 - 11:05	12	\$111.00 / \$127.00

L'il Dippers – Gliders 2021-09-14 - 2021-12-04



Age 3-5 years Prerequisite L'il Dippers – Floaters

Duration 30 min Note Bathing cap is mandatory. Parents must be in the water with their child

All levels |
 Beginner |
 Advanced |
 Baby friendly |
 Registration required |
 Additional payment required |
 Additional fee for non-members |
 Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons —
 Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. |
 The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. |
 Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Days	Time	Weeks	\$M / \$NM**
Tuesday	17:30 - 18:00	12	\$111.00 / \$127.00
Thursday	16:05 - 16:35	12	\$111.00 / \$127.00
Saturday	11:10 - 11:40	12	\$111.00 / \$127.00

L'il Dippers – Divers 2021-09-14 - 2021-12-04



Age 3-5 years Prerequisite L'il Dippers – Gliders
 Duration 30 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Tuesday	17:30 - 18:00	12	\$111.00 / \$127.00
Saturday	11:10 - 11:40	12	\$111.00 / \$127.00

L'il Dippers – Surfers 2021-09-14 - 2021-12-04



Age 3-5 years Prerequisite L'il Dippers – Divers
 Duration 30 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Tuesday	18:00 - 18:30	12	\$111.00 / \$127.00
Saturday	11:45 - 12:15	12	\$111.00 / \$127.00

L'il Dippers – Dippers 2021-09-14 - 2021-12-04



Age 3-5 years Prerequisite L'il Dippers – Surfers
 Duration 30 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Tuesday	18:05 - 18:35	12	\$111.00 / \$127.00
Saturday	10:00 - 10:30	12	\$111.00 / \$127.00

□ All levels | ● Beginner | ◆ Advanced | BBaby friendly | ✎ Registration required | \$ Additional payment required | \$N Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Learn to Swim (6 - 15 years)

Private Swim Lessons for children 2021-09-15 - 2021-11-28



Age under 13

Duration 30 min



Days	Time	Weeks	\$M / \$NM**
Monday	15:15 - 15:45	11	\$0.00 / \$0.00
Monday	15:45 - 16:15	11	\$0.00 / \$0.00
Monday	16:15 - 16:45	11	\$0.00 / \$0.00
Monday	16:45 - 17:15	11	\$0.00 / \$0.00
Monday	17:15 - 17:45	11	\$0.00 / \$0.00
Wednesday	15:45 - 16:15	11	\$0.00 / \$0.00
Wednesday	15:45 - 16:15	11	\$0.00 / \$0.00
Wednesday	15:45 - 16:15	11	\$0.00 / \$0.00
Wednesday	15:45 - 16:15	11	\$0.00 / \$0.00
Wednesday	16:15 - 16:45	11	\$0.00 / \$0.00
Wednesday	16:15 - 16:45	11	\$0.00 / \$0.00
Wednesday	16:45 - 17:15	11	\$0.00 / \$0.00
Wednesday	16:45 - 17:15	11	\$0.00 / \$0.00
Wednesday	17:15 - 17:45	11	\$0.00 / \$0.00
Wednesday	17:45 - 18:15	11	\$0.00 / \$0.00
Wednesday	18:15 - 18:45	11	\$0.00 / \$0.00
Wednesday	16:15 - 16:45	11	\$0.00 / \$0.00
Wednesday	16:15 - 16:45	11	\$0.00 / \$0.00
Wednesday	16:45 - 17:15	11	\$0.00 / \$0.00
Wednesday	16:45 - 17:15	11	\$0.00 / \$0.00
Wednesday	17:15 - 17:45	11	\$0.00 / \$0.00
Wednesday	17:15 - 17:45	11	\$0.00 / \$0.00
Wednesday	17:45 - 18:15	11	\$0.00 / \$0.00
Wednesday	17:45 - 18:15	11	\$0.00 / \$0.00
Wednesday	18:15 - 18:45	11	\$0.00 / \$0.00
Friday	15:15 - 15:45	11	\$0.00 / \$0.00
Friday	15:45 - 16:15	11	\$0.00 / \$0.00
Friday	16:15 - 16:45	11	\$0.00 / \$0.00
Friday	16:45 - 17:15	11	\$0.00 / \$0.00
Friday	17:15 - 17:45	11	\$0.00 / \$0.00
Sunday	10:45 - 11:15	11	\$0.00 / \$0.00
Sunday	10:45 - 11:15	11	\$0.00 / \$0.00
Sunday	11:15 - 11:45	11	\$0.00 / \$0.00

□ All levels | ● Beginner | ◆ Advanced | BB Baby friendly | ✍ Registration required | \$ Additional payment required | \$M Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Sunday	11:15 - 11:45	11	\$0.00 / \$0.00
Sunday	11:45 - 12:15	11	\$0.00 / \$0.00
Sunday	11:45 - 12:15	11	\$0.00 / \$0.00
Sunday	12:15 - 12:45	11	\$0.00 / \$0.00
Sunday	12:45 - 13:15	11	\$0.00 / \$0.00
Sunday	13:15 - 13:45	11	\$0.00 / \$0.00
Sunday	10:45 - 11:15	11	\$0.00 / \$0.00
Sunday	10:45 - 11:15	11	\$0.00 / \$0.00
Sunday	11:15 - 11:45	11	\$0.00 / \$0.00
Sunday	11:15 - 11:45	11	\$0.00 / \$0.00
Sunday	11:45 - 12:15	11	\$0.00 / \$0.00
Sunday	11:45 - 12:15	11	\$0.00 / \$0.00
Sunday	12:15 - 12:45	11	\$0.00 / \$0.00
Sunday	12:15 - 12:45	11	\$0.00 / \$0.00
Sunday	12:45 - 13:15	11	\$0.00 / \$0.00
Sunday	12:45 - 13:15	11	\$0.00 / \$0.00
Sunday	13:15 - 13:45	11	\$0.00 / \$0.00
Sunday	13:15 - 13:45	11	\$0.00 / \$0.00

Learn to Swim – Otter 2021-09-14 - 2021-12-04



Age 6-15 years

Duration 45 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Thursday	17:50 - 18:35	12	\$133.00 / \$153.00
Saturday	12:55 - 13:40	12	\$133.00 / \$153.00
Saturday	10:35 - 11:20	12	\$133.00 / \$153.00

Learn to Swim – Seal 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Learn to Swim – Otter

Duration 45 min Note Bathing cap is mandatory. Parents must be in the water with their child

All levels | Beginner | Advanced | Baby friendly | Registration required | Additional payment required | Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Days	Time	Weeks	\$M / \$NM**
Tuesday	16:10 - 16:55	12	\$133.00 / \$153.00
Thursday	17:50 - 18:35	12	\$133.00 / \$153.00
Saturday	13:05 - 13:50	12	\$133.00 / \$153.00

Learn to Swim – Dolphin 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Learn to Swim – Seal
 Duration 45 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Tuesday	17:00 - 17:45	12	\$133.00 / \$153.00
Thursday	16:10 - 16:55	12	\$133.00 / \$153.00
Saturday	11:25 - 12:10	12	\$133.00 / \$153.00

Learn to Swim – Swimmer 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Learn to Swim – Dolphin
 Duration 45 min Note Bathing cap is mandatory. Parents must be in the water with their child

Days	Time	Weeks	\$M / \$NM**
Tuesday	17:50 - 18:35	12	\$133.00 / \$153.00
Thursday	17:00 - 17:45	12	\$133.00 / \$153.00
Saturday	12:15 - 13:00	12	\$133.00 / \$153.00

All levels | Beginner | Advanced | Baby friendly | Registration required | Additional payment required | Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Star Program (6 - 15 years)

Star Program - Star 1 2021-09-14 - 2021-12-05



Age 6-15 years Prerequisite Learn to Swim – Swimmer
Duration 45 min Note Bathing cap is mandatory.

Days	Time	Weeks	\$M / \$NM**
Tuesday	16:10 - 16:55	12	\$133.00 / \$153.00
Saturday	10:00 - 10:45	12	\$133.00 / \$153.00

Star Program - Star 2 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Star Program - Star 1
Duration 45 min Note Bathing cap is mandatory.

Days	Time	Weeks	\$M / \$NM**
Tuesday	17:00 - 17:45	12	\$133.00 / \$153.00
Saturday	10:50 - 11:35	12	\$133.00 / \$153.00

Star Program - Star 3 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Star Program - Star 2
Duration 45 min Note Bathing cap is mandatory.

Days	Time	Weeks	\$M / \$NM**
Tuesday	17:50 - 18:35	12	\$133.00 / \$153.00
Saturday	11:40 - 12:25	12	\$133.00 / \$153.00

□ All levels | ● Beginner | ◆ Advanced | BB Baby friendly | ✎ Registration required | \$ Additional payment required | \$N Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Star Program - Star 4 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Star Program - Star 3
 Duration 45 min Note Bathing cap is mandatory.

Days	Time	Weeks	\$M / \$NM**
Thursday	16:30 - 17:15	12	\$133.00 / \$153.00
Saturday	11:40 - 12:25	12	\$133.00 / \$153.00

All levels | Beginner | Advanced | Baby friendly | Registration required | Additional payment required | Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Star Leadership Program (6 - 15 years)

Star Leadership Program - Star 5 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Star Program - Star 4
Duration 60 min Note Bathing cap is mandatory.

Days	Time	Weeks	\$M / \$NM**
Thursday	17:20 - 18:20	12	\$142.00 / \$164.00
Saturday	12:30 - 13:30	12	\$142.00 / \$164.00

Star Leadership Program - Star 6 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Star Leadership Program - Star 5
Duration 60 min Note Bathing cap is mandatory.

Days	Time	Weeks	\$M / \$NM**
Thursday	17:20 - 18:20	12	\$142.00 / \$164.00
Saturday	12:30 - 13:30	12	\$142.00 / \$164.00

Star Leadership Program - Star 7 2021-09-14 - 2021-12-04



Age 6-15 years Prerequisite Star Leadership Program - Star 6
Duration 75 min Note Bathing cap is mandatory.

Days	Time	Weeks	\$M / \$NM**
Thursday	17:20 - 18:35	12	\$178.00 / \$204.00
Saturday	12:30 - 13:45	12	\$178.00 / \$204.00

□ All levels | ● Beginner | ◆ Advanced | BBaby friendly | ✎ Registration required | \$ Additional payment required | \$N Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Aquatic Certifications (13 years +)

Bronze Medallion 2021-09-20 - 2021-11-08



Age 13 years+

Note Prerequisite: Must be 13 years as of the exam or have a Bronze Star certificate.

Days	Time	Weeks	\$M / \$NM**
Monday	18:45 - 20:45	8	\$178.00 / \$210.00
Wednesday	18:45 - 20:45	8	\$178.00 / \$210.00

Bronze Medallion 2021-09-18 - 2021-10-16



Age 13 years+

Note Prerequisite: Must be 13 years as of the exam or have a Bronze Star certificate.

Days	Time	Weeks	\$M / \$NM**
Saturday	12:00 - 16:45	5	\$178.00 / \$210.00

Bronze Cross 2021-09-22 - 2021-11-10



Age 14 years+

Prerequisite Bronze Medallion

Days	Time	Weeks	\$M / \$NM**
Monday	18:45 - 20:45	8	\$178.00 / \$210.00
Wednesday	18:45 - 20:45	8	\$178.00 / \$210.00

Bronze Cross 2021-11-06 - 2021-12-04



Age 14 years+

Prerequisite Bronze Medallion

□ All levels | ● Beginner | ◆ Advanced | BB Baby friendly | ✎ Registration required | \$ Additional payment required | \$N Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Days	Time	Weeks	\$M / \$NM**
Saturday	12:00 - 16:45	5	\$178.00 / \$210.00

National Lifeguard 2021-09-26 - 2021-11-28



Age 16 years+

Prerequisite **Bronze Cross**

Note Additional prerequisites: Must be 16 years as of the exam and have a Standard First Aid certificate.

Days	Time	Weeks	\$M / \$NM**
Tuesday	18:45 - 20:45	10	\$223.00 / \$263.00
Sunday	14:00 - 16:30	10	\$223.00 / \$263.00



CPR and First Aid Certifications (12 years +)

Standard First Aid 2021-09-20 - 2021-09-25



Age 14 years+
Note Bilingual course

Days	Time	Weeks	\$M / \$NM**
Saturday	10:30 - 16:30		\$95.00 / \$112.00
Monday, Wednesday, Friday	18:00 - 21:30		\$95.00 / \$112.00

Heartsaver® CPR AED with Child Module 2021-10-01 - 2021-10-01



Age 13 years+

Days	Time	Weeks	\$M / \$NM**
Friday	17:30 - 21:00		\$63.00 / \$73.00

Heartsaver® CPR AED with Child Module 2021-11-05 - 2021-11-05



Age 13 years+

Days	Time	Weeks	\$M / \$NM**
Friday	17:30 - 21:00		\$63.00 / \$73.00

Heartsaver® CPR AED with Child Module 2021-12-03 - 2021-12-03



Age 13 years+

Days	Time	Weeks	\$M / \$NM**
Friday	17:30 - 21:00		\$63.00 / \$73.00

□ All levels | ● Beginner | ◆ Advanced | BBaby friendly | ✎ Registration required | \$ Additional payment required | \$N Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Adult Lessons (16 years +)

Adult Swim Lessons - Level 2 2021-09-14 - 2021-12-02



Age 16 years+ Prerequisite Adult Swim Lessons - Level 1
Duration 45 min Note Bathing cap and shower mandatory.

Days	Time	Weeks	\$M / \$NM**
Tuesday	18:45 - 19:30	12	\$15.00 / \$153.00
Thursday	18:45 - 19:30	12	\$15.00 / \$153.00

Adult Swim Lessons - Level 3 2021-09-14 - 2021-12-02



Age 16 et plus Prerequisite Adult Swim Lessons - Level 2
Duration 45 min Note Bathing cap and shower mandatory.

Days	Time	Weeks	\$M / \$NM**
Tuesday	18:45 - 19:30	12	\$15.00 / \$153.00
Thursday	18:45 - 19:30	12	\$15.00 / \$153.00

Private Swim Lessons for adults 2021-09-15 - 2021-11-28



Age 13 years+
Duration 30 min

All levels | Beginner | Advanced | Baby friendly | Registration required | Additional payment required | Additional fee for non-members | Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons — Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. | The YMCA reserves the right to cancel classes if there are less than 10 participants. Instructors are subject to change without notice. | Please check our website ymcaquebec.org/activities for information on all course descriptions and pre-requisites.



Days	Time	Weeks	\$M / \$NM**
Wednesday	17:15 - 17:45	11	\$0.00 / \$0.00
Wednesday	17:45 - 18:15	11	\$0.00 / \$0.00
Wednesday	18:15 - 18:45	11	\$0.00 / \$0.00
Wednesday	15:45 - 16:15	11	\$0.00 / \$0.00
Wednesday	16:15 - 16:45	11	\$0.00 / \$0.00
Wednesday	16:45 - 17:15	11	\$0.00 / \$0.00
Wednesday	17:15 - 17:45	11	\$0.00 / \$0.00
Wednesday	17:45 - 18:15	11	\$0.00 / \$0.00
Sunday	12:15 - 12:45	11	\$0.00 / \$0.00
Sunday	12:45 - 13:15	11	\$0.00 / \$0.00
Sunday	13:15 - 13:45	11	\$0.00 / \$0.00
Sunday	10:45 - 11:15	11	\$0.00 / \$0.00
Sunday	11:15 - 11:45	11	\$0.00 / \$0.00
Sunday	11:45 - 12:15	11	\$0.00 / \$0.00
Sunday	12:15 - 12:45	11	\$0.00 / \$0.00
Sunday	12:45 - 13:15	11	\$0.00 / \$0.00
Sunday	13:15 - 13:45	11	\$0.00 / \$0.00

All levels |
 Beginner |
 Advanced |
 Baby friendly |
 Registration required |
 Additional payment required |
 Additional fee for non-members |
 Aquatics: The YMCA reserves the right to close a lane in order to offer private lessons —
 ① Refers to the number of swimming lanes or private swimming lessons available. Swimmers must shower before entering the pool and must wear a bathing cap at all times. Outdoor footwear must remain in the locker room, swimmers are permitted to wear flip-flops, sandals or go bare foot on the pool deck. Children who are 8 and under must have a parent present during the entire swimming lesson. |
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